[Cartology](#http://cartology.org) creates programs to keep the bodies and brains of people 55+ active as they chart the course of later life. You can learn more about Cartology at cartology.org (still in a draft form). In response to the coronavirus outbreak, Cartology hosts Stay at Home Engagements.

DON'T ISOLATE, PARTICIPATE!

Everything is more meaningful with friends. Invite your friends to join you.

Here's where to get more information:

Facebook: <https://www.facebook.com/cartologyconsulting/>

Cartology: <http://cartology.org/programs/> (for the most updated schedule of topics and guests)

Kris Schindler: 303-895-8622

**Upcoming Stay at Home Engagements**

ART AND ABOUT | **Mondays** 2:00pm MDT (through May 31, 2020)

Guest artists, themed discussion, virtual visits to online exhibits.

Zoom Meeting ID: 339 037 338

5/11/20: Color in Art

5/18/20: Gale Zasada on Digital Art: History and Practice

5/25/20: Final Brush Strokes – exploring the work of artists gone too soon

CREATIVE STORYTELLING | **Wednesdays** 2:00pm MDT (through May 31, 2020)

Using prompts, participants write stories. There is instruction on various components of writing, and occasionally, a guest.

Zoom Meeting ID: 939 629 844

5/13/20: sportscaster Bruce Haertl on Sports & Media: Then, Now, and When

5/20/20: Images as Prompts – focus on opening lines

5/27/20: Images as Prompts – putting it all together

SENIOR MOMENTS | **Thursdays** 1:30pm MDT (through May 31, 2020)

A discussion question or special guest sparks thought and invites dialogue.

Zoom Meeting ID: 718 777 556

5/14/20: Brill Building Trills

5/22/20: Motor Mania

SENIOR MOMENTS (memory friendly) | **Fridays** 1:30pm MDT (through May 31, 2020)

A slightly slower version of Senior Moments.

Zoom Meeting ID: 326 353 737

5/15/20: Alphabet Soup

5/22/20: Dance Craze

5/29/20: All is Fair in Love and War

SENIOR MOMENTS | **Saturdays** 11:00am MDT (through May 31, 2020)

A discussion question or special guest sparks thought and invites dialogue.

Zoom Meeting ID: 966 642 782

5/16/20: 1967: Turn On, Tune In, Drop Out

5/23/20: Days of Wine and Roses

5/30/20: Celebrating Lives Lost During the Coronavirus Pandemic

If you like movies, you may want to visit [**The Screening Room**](http://cartology.org/the-screening-room/). The group watches a film at home, then meets online to discuss it. For more information, contact Kris at 303-895-8622. May films are: All About Eve (1950), Rebecca (1940), The Lost Weekend (1945), Marty (1955).